

## Treatment with Controlled Medications: Patient Agreement

I \_\_\_\_\_ understand and voluntarily agree: (initial each statement after reviewing):

\_\_\_ I will keep (and be on time for) all my scheduled appointments with the doctor.

\_\_\_ I will participate in all other types of treatment that I am asked to participate in.

\_\_\_ I will keep the medicine safe, secure and out of the reach of children and other adults. If the medicine is lost or stolen, I understand it may not be replaced until my next refill date, and may not be replaced at all.

\_\_\_ I will take my medication as instructed and will not change the way I take it without first talking to the doctor.

\_\_\_ I will not request early refills. I understand that prescriptions will be filled only at the time it is allowed to be filled, and I will pick them up at the pharmacy on that day.

\_\_\_ I will call at least 24 hours prior to the time the medicine is to be refilled.

\_\_\_ I will make sure I have an appointment every three (3) months. If I am having trouble making that appointment, I will tell the doctor immediately.

\_\_\_ I will not sell this medicine or share it with others. I understand that if I do, my treatment will be stopped.

\_\_\_ I will sign a release form to let the doctor speak to all other doctors or providers that I see.

\_\_\_ I will tell the doctor all other medicines that I take, and let her know right away if I have a prescription for a new medicine.

\_\_\_ I will use only one pharmacy to get all my controlled medicines:

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### Pharmacy name and phone number

\_\_\_ I will not get any opioid pain medicines or other medicines that can be addictive such as benzodiazepines (klonopin, xanax, valium), muscle relaxers (Soma), sleeping meds (Ambien) or stimulants (ritalin, amphetamine) from any other provider without telling the doctor before I fill that prescription. I understand that the only exception to this is if I need pain medicine for an emergency.

\_\_\_ I understand that as always, I have access to this office via phone, email and text 24 hours per day. I further acknowledge that there is no excuse for delaying any notification.

\_\_\_ I will not use illegal drugs such as heroin, cocaine or amphetamines, and I will not take a controlled medicine that has not been prescribed to me. I understand that if I do, my treatment may be stopped.

\_\_\_ I will agree to urine drug testing and/or counting of my pills within 48 hours of being notified. I understand that I must make sure the office has current contact information in order to reach me, and that any missed tests will be considered positive for unauthorized substances.

\_\_\_ I understand that I may lose my right to treatment in this office if I break any part of this agreement.

## Treatment Program Statement

We at Avalon Primary Care, PC, are making a commitment to work with you in your efforts to get better. To help you in this work, we agree that:

We will help you schedule regular appointments for medicine refills. If we have to cancel or change your appointment for any reason, we will make sure you have enough medication to last until your next appointment.

We will make sure that this treatment is as safe as possible. We will check regularly to make sure you are not having bad side effects.

We will keep track of your prescriptions and test for drug use regularly to help you feel like you are being monitored well.

We will help connect you with other forms of treatment to help you with your condition. We will help set treatment goals and monitor your progress in achieving those goals.

We will work with any other doctors or providers you are seeing so that they can treat you safely and effectively.

We will work with your medical insurance providers to make sure you do not go without medicine because of paperwork or other things they may ask for.

If you become addicted to these medications, we will help you get treatment and get off the medications that are causing you problems safely, without getting sick.

**Thank you for your cooperation!**

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

Louise R. Butler, DO  
\_\_\_\_\_  
Physician Name

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date